



Join us as we continue to explore our Spiritual Geography in our new worship series. Each week you will be invited to work on a map of your personal Spiritual Geography during the “Personal Reflection” in the worship video. If you are just getting started, you will find some guidance below.

Week One: The Road

Make a list of all the roads you have traveled. Use the list to sketch out a map of your life journey.

Consider including:

straight/bumpy/twisty/smooth roads, names of fellow travelers, markers such as:

rest area/scenic view/U-turn/merge/

traffic ahead/strong wind/dangerous curves/one way

Week Two: The Shore

Add your shorelines to the map you began last week.

Consider:

- *Along which roads are they located?*
- *Add icons to show what your shores are like: rocky/ soft and sandy/hot/cold/calm/windy?*
- *Who was with you?*
- *How were your shorelines places of change?*
- *Give your shores a name.*

Week Three: Wilderness

Add your Wilderness areas to the map of your spiritual geography.

Consider:

- Where should they go?
- Add symbols to show what your wilderness is like:
- Hot/dry/damp, sparse/thick, wild animals/barren?
- Who were the angels that tended you? What did you learn there?
- Give your wilderness a name.

Week Four: Garden

Add your GARDEN areas to the map of your Spiritual Geography.

Consider:

- Add symbols to show what your Garden is like:
- Wild/Manicured, Big/Small, Flower/Vegetable
- What tools did you use in your garden?
- Who enjoyed your garden?
- What did you grow there?
- Give your garden a name.

Week Five: Home

Add your HOMES to the map of your Spiritual Geography.

Consider:

- Using symbols to represent the different places
- you have called home.
- Who lived there with you?
- Keep in mind that your places of “home”
- may not be places where you have resided.
- How was God’s presence made known to you in that place?

Week Six: Mountain

Add your MOUNTAINS to the map of your Spiritual Geography.

Consider:

- Add symbols to represent
- the peak experiences of your life.
- What season was it on the mountain (growing season or winter or in-between)?
- What did you hear from God on the Mountain?

Week Seven: Valley

Add your Valleys to the map of your Spiritual Geography.

Consider:

- Add symbols to represent the low places of your life.
- What shadows were cast by the mountains surrounding the valley?
- What grew in the fertile soil of the valley?
- What enabled you to rest in the valley?
- How did you sense God’s presence in the valley?

Week Eight: River

Add your rivers to the map of your Spiritual Geography.

Consider:

- Add symbols to represent the times of renewal in your life.
- Are the rivers wide/narrow, winding/straight, rapid/calm?
- What did you find on the banks of the river?
- Whose rivers ran into or out of yours?